



Aberdour Festival 2022

Friday 29 July to Sunday 7 August 2022

Programme

A huge thank you to our sponsors:

Aberdour Community Council; Aberdour Golf Club; AVD av department; Jenny Colgan Books; Counselling Matters; Tom Courts; Forth Decorating; Molson Coors; The Purple Shop; Run 4 It; Adam Tjolle; Tranquilita Therapies; and The Woodside Aberdour.

Grateful thanks for provision of venue: Aberdour Boat Club, Aberdour Bowling Club, Aberdour Tennis Club, Coastal Reflections, Signal Box Studio, St Columba's and St Fillan's.

Thanks also to the Proctors.

Thanks to our Festival Box Offices:

McTaggart's Café/Deli and The Purple Shop.

Welcome to the 39th Aberdour Festival

This year it is 39 years since the very first Aberdour Festival, our much-loved 10-day community event! We are delighted that, after an absence of two years due to Covid-19, we are able to hold the festival again this year! This year's festival will be based around the centre of the village, utilizing our fantastic venues and bringing the community a programme packed with music, talks, sport, dance, literature and the visual arts. We sincerely hope that you will find there is something for everyone.



This year's theme is a celebration of Scotland's 'The Year of Stories'.

We will be welcoming a wide variety of storytellers and puppeteers who will help us to enjoy a diverse range of stories from Scotland and beyond. This will also be the theme for the parade!

The Festival Royal Party, Parade and Crowning

We are delighted to announce that this year's Aberdour Festival Royal Party are Martha Millar, the Festival Queen, with her attendant, Violet Fenner, and Festival King Sam Milroy with his attendant Samuel Fenton. We know that they will have a fantastic week beginning with the parade on Saturday 30th July! Join them, together with the Dysart Colliery Band, at the top of Silver Sands Field at 10.00am, as we celebrate the start of the festival! The parade will move from the top of Silver Sands Field, through the village to Dovecot Gates and then about turn and travel towards Blacksands Beach for the crowning of this year's royal party! Come and join the fabulously colourful crowd and if you wish, **dress up as your favourite book character!** The Crowning will take place on Black Sands Beach at 11.00am.

Tickets

Children's Ticket Day – Saturday 18th June 9.00am – 11.30am

From Monday 20th June – Thursday 28th July Tickets for Evening and Adult events will be available at **McT's** and Children's tickets from **The Purple Shop**. Drop your kids off at school and pop round to The Purple Shop to get your children's tickets!

From Friday 29th July onwards, any remaining tickets will be available from the Festival Box Office at the Church Hall.

Just a reminder - our venues have maximum capacities and therefore there will be a finite number of tickets for each event. We strongly recommend that you buy your tickets early to avoid disappointment.

We thank you all once again for your support and encouragement and we look forward to seeing you during the festival.

Helen Pearson, Chairperson, and the Festival Committee, 2022

Friday 29 July

Follow the Aberdour Scarecrow Trail!

The Scarecrows are returning to Aberdour! Get your thinking caps on and join in the challenge! Families, groups and individuals are invited to make scarecrows with this year's parade theme of 'The Year of Stories' in mind! Maps will then be available so everyone can follow the Scarecrow Trail!

Families, groups or individuals to submit a text with their name, address and scarecrow name to Maria on 07745 045 020, no later than Wednesday 27th July to ensure your place on the map. Please ensure you receive a confirmation reply by this date also.

Open to all. More than one scarecrow may be entered per household. Please mention this in text. We would encourage you to display your scarecrows in your gardens/doorsteps during the full festival week, but they **MUST BE DISPLAYED ON SATURDAY 30th JULY**.

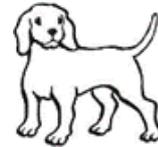
Maps/voting forms will be available for sale at £1.00 at The Purple Shop and from the Festival Box Office @ The Church Hall during Festival Week. The Winner/s will be announced at Family Sports Day, on Gala Day, Saturday 6th August (after the Tug o' War!).

The more scarecrows, the more fun ... so please join in!!

Pet Show

Sponsored by Adam Tjolle

- 2.30pm - 4.30pm (Register your pet from 2.00pm)
- Shore Road Park
- £1.00 entry per pet (includes 50p donation to the SSPCA)
- All ages welcome (pets and owners)



This is the hot ticket for all our local furry friends (feathered and scaled friends are welcome too - just please, keep them safe). Brush off the sand and look out your best collar and bring your dog ready to compete. Trophies will be awarded for dogs in a number of classes from puppy to veteran; including a prize for Waggiest Tail, and best trick. All animals can compete for the ultimate prize: the Pet who Looks Most Like their Owner.

Teas, coffees and home baking will be available at Aberdour Tennis Club from 2.00pm – 4.30pm

Aberdour ART Festival
in collaboration with Dalgety Bay Art Club
and Where Giants Roam



Friday 29 to Sunday 31 July

Aberdour ART Festival group presents a cornucopia of artwork to excite, challenge and appeal, featuring familiar and new artists in the heart of the village. Friday's Opening Night is a great event that, traditionally, kicks off the Festival activities and this year's promises to be as good as ever!

Opening times

- Friday 29 July 6.00pm - 9.00pm **Opening Night!**
- Saturday 30 July 11.00am - 5.00pm
- Sunday 31 July 12noon - 4.00pm
- Various venues in the village
- FREE EXHIBITIONS

Exhibitions and venues

St Fillan's Church Hall, High Street

Enjoy the chance to see newly exhibited art and craft by local artists. Works on display will include Scottish and local landscapes, still-life, wildlife, crafts and jewellery – something for everyone!

The Institute, Shore Road

Art and craft by local artists, a must-visit venue!

Other venues throughout the heart of the village

This year's Aberdour ART Festival venues also include the Bowling Club, Coastal Reflections and the Signal Box Studio! Venues will be clearly marked and free venue guides will be available to lead you around the ART Festival displays.

Aberdour AR-t



As part of this year's ART Festival, we invite you to experience selected pieces within the beautiful surrounds of Aberdour with the use of the camera on your mobile phone. Grab a copy of the map and look for the 10 QR codes around the village. Hold your camera to the QR code, scan the surrounds and watch the piece of art appear before you. Share your findings on social media with the hashtag #aberdourart.

Saturday 30 July

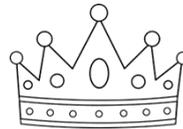
Parade

- 10.00am - 10.40am
- Silver Sands Playing Fields

Join Aberdour's soon-to-be crowned Royal Party as they lead the parade through the village in true majestic style to the sounds of the wonderful **Dysart Colliery Brass Band**. We are thrilled to welcome this brass band, to help us kick off our 39th Festival in true party spirit. Join the fabulously colourful crowd and if you wish, dress up as your favourite book character to celebrate our 39th theme 'The Year of Stories!' We will gather at the top of Silver Sands Field, then parade along Hawkcraig Road up to Main Street, turn left and walk along the High Street to Dovecot Gates. There we will turn around and walk back along the High Street, turning right at Shore Road, and finishing our parade at Black Sands Beach, where we will see our Royal Party crowned!

Crowning

- 11.00am - 11.20am
- Black Sands Beach



This year our Festival Crowning takes place at Black Sands Beach. Come down to the beach and celebrate the crowning of this year's Royal Party by Aberdour's very own Willie-the-Newsagent!

Guess what the Royal Party will be decorating their Royal carriage as this year?!

Beach Day

The Aberdour Festival 2022 Beach Day will hopefully be our biggest ever at Black Sands Beach. There will be some new events and stalls to go along with all the old favourites ... let's hope for some sunshine!!

Throughout the day there will be Tom Court's burgers and sausages from the trusty ABFest BBQ but this year, we'll bring a little bit of Italy to the Fife riviera with our very own pizza oven- Buonissimo!!! Food will be available from late morning including tea and coffee and baking at the Aberdour Boat Club. To go with this will be the Beach Bar which will open at midday and close around 8.00pm ... weather and conditions allowing. On the subject of weather, please come prepared for the occasional rain shower ... and even more prepared for the sun with sunscreen, beach towels, energy and enthusiasm to make the most of our wonderful beach and the sea! There'll be plenty of events to keep you entertained such as the sandcastle competition, beach volleyball, the legendary raft race as well as events with the Aberdour Boat Club. We hope the inshore lifeboat from Kinghorn will join us (lifesaving commitments allowing...) and we really would like you to stay for the day; there will be lots of other stalls so come and celebrate our proximity and life next to the sea.

The main events are:

Sandcastle Competition

- 11.00am - 1.30pm
- Black Sands Beach
- Registration from 11.00am
- Building starts at 11.45am
- Judging at 12.45pm
- 4 Categories:
 - o Sandcastles (Groups of children and adults) – Yellow
 - o Sculptures (Groups of children and adults) – Red
 - o Castles or Sculptures (Individual children) – Green
 - o Castles or Sculptures (Groups of children) - Blue
- Entry is free but a donation would be very welcome.



The Aberdour Baby and Toddler group organise this popular event and with 2022 being the 'Year of the Story' the "theme" for the sandcastle competition will be your favourite story Good Luck! The main categories will be Groups of adults and children, groups of children and individual children.

GROOVE on the Beach

- After Sandcastle competition
- Tickets: £5.00 (17 places)

Groove – the ultimate DANCE experience for the mind, body, heart and soul. Come join Karen and Sarah and limber up that body before settling back down for the raft race.

Bookings via <https://bookwhen.com/island-moves>

Beach Volleyball

- After Sandcastle competition

We are looking for 8 teams (2 people per team) to take part in the Aberdour Festival Beach Volleyball tournament. You don't need to be a pro!

Raft Race

Sponsored by Tranquilita Therapies and Counselling Matters

- 3.00pm - 4.00pm
- Build up from 2.00pm
- Race starts at approx. 3.00pm followed by prizegiving
- Entry per raft £12.00, maximum 14 entries, no more than 8 people on a raft
- Once again, FREE to watch

This event is the highlight of beach day and maybe of the entire festival. The host for this ever popular event is Kaye Fuscone. It is a true spectacle on the sea and raft teams compete to win the Blair Jordan Trophy. There are also cash prizes for first and second place as well as the "best dressed" raft. The theme this year is 'The Year of Stories'!

The rules for entry are on the Abfest website. To enter please contact Kaye or email victor@aberdourfestival.org

Flower Festival

- 11.00am - 5.00pm
- St Fillan's Church
- FREE

Come along and see the flowers in a wonderful setting.

The Cherry Pickers

- 9.00pm - late
- Foresters Arms
- Age 18+
- Live Music



Sunday 31 July

Sunrise Yoga at the Beach

- 10.00am - 11.00am
- Silver Sands Beach
- £5.00 (Exact change please)
- Pay at the beach

All are welcome to join Peggy at 10.00am for a morning of relaxing, moving and stretching by the calming waves. Bring your own mat or borrow one on a first come first serve basis. Weather dependant, so check: <https://www.facebook.com/yoga.reiki.peggy/> for updates.

Festival Morning Worship

- 10.30am - 11.30am
- St Fillan's Church

Flower Festival

- 12noon - 6.00pm
- St Fillan's Church
- FREE

Donkey Brae Run

Sponsored by The Woodside Hotel and Run 4 It

- 1.00pm
- Silver Sands Playing Field, Hawkcraig Road



The Donkey Brae returns! The good news is, due to the bridge at the harbour still being down, you don't have to run up the Donkey Brae at the end! We have a slightly amended 7-mile route for you which starts and finishes at Silver Sands Playing Field, Hawkcraig Road as normal. There is also a 1-mile family fun run. There is a Village Market with refreshments, entertainment and much more.

To enter, contact johnmctaggart@btconnect.com

Village Market

- 11.00am - 5.00pm
- Silver Sands Playing Fields, Hawkcraig Road

This year's Village Market is being organised by Nicola Connolly. Nicola is hoping to make this year's Market the biggest and best yet with an emphasis on a family fun day. If you would like to be involved, please drop Nicola a message via Aberdour Notice Board Facebook Page.

Comedy Night *in association with Mirth of Forth Comedy*

Sponsored by Adam Tjolle

- 7.30pm doors open, show starts at 8.00pm finishing about 10.30pm
- The Institute, Shore Road
- Tickets: £15.00
- Aged 18+

We are pleased to be able to once again bring you a Comedy Night. The evening will be compered by **George Fox** and headlined by **Chris Forbes**. Chris is star of hit *BBC* comedy 'Scot Squad' and four-time Scottish Comedy Award winner. Chris is one of the most in demand comics in the UK. He has gigged all over the world from America to Australia and supported Kevin Bridges on tour. Chris is also well known for his portrayal of Duncan 'The Other Murray Brother', in a series of viral sketches with legendary tennis mum, Judy Murray. Other comedians will be announced in due course so please keep an eye on the website for more information.

George is an award-winning comedian and rising star of the UK comedy scene. Hailing from Ireland, Fox's success has stretched from numerous Irish TV shows, to Viral YouTube videos(Irish People Try...) which have amassed over 1 Billion views, to most recently bringing his comedy to online platform TWITCH where he has quickly risen to the top 1% of performers in the world. Fox is a regular feature across the UK comedy scene as well as being a Resident Host of some of the country's best venues, including Monkey Barrel Comedy and The Stand Comedy Club.

Monday 1 August

Sunrise Yoga at the Beach

- 10.00am - 11.00am
- Silver Sands Beach
- £5.00 (Exact change please)
- Pay at the beach

All are welcome to join Peggy at 10.00am for a morning of relaxing, moving and stretching by the calming waves. Bring your own mat or borrow one on a first come first serve basis. Weather dependant, so check: <https://www.facebook.com/yoga.reiki.peggy/> for updates.

Have you ever wanted to be a Wizard?

- 10.00am - 12noon
- Church Hall
- Tickets: £4.00 (16 spaces available)
- Age 9 - 12
- Children can be left unaccompanied. Consent form required.



Have you ever wanted to be a wizard? This 2 hour masterclass is designed to teach some top secret tricks to budding conjurers. All of the magic taught can be performed with household items meaning, with practice, you can perform them to your friends, family and classmates at the drop of a top hat. This magical masterclass is ideal for children aged 9-12.

Ross MacKay is an award winning magician who has worked as a Magic Consultant for theatre companies including

The Lyceum, Perth Theatre and Dundee Rep. Ross has worked alongside Jamie Harrison, illusion designer for Harry Potter and The Cursed Child, and directed Britain's Got Talent Semi-Finalist, Kevin Quantum.

Arts and Crafts Morning

Sponsored by Forth Decorating

- 10.00am - 12.30pm
- The Institute, Shore Road
- £4.00 at the door

Come along to the Institute and meet Jannette and some of our Festival crew who will help you to create to your heart's content. Join in, have fun and leave the clearing up to us!

Flower Festival

- 10.00am - 6.00pm
- St Fillan's Church
- FREE

Street Dance Workshop

- 2.30pm - 3.30pm - Age 5 - 8 (15 spaces available)
- 3.30pm - 4.30pm - Age 9+ (25 spaces available)
- Church Hall
- Tickets: £5.00
- Children aged 8 and over can be left unaccompanied. Consent form required.

In this fun street dance class, we will be learning new skills, moves and tricks from breaking dancing to body pop and we finish off the lesson with a fun commercial routine. This class is great for improving rhythm and style, building confidence with the freedom to let go and express yourself.

Dean is now one of the Director's at Pirrie Performing Arts a top performing arts school across Fife & Perthshire. He has also enjoyed teaching at Aberdour Primary School after-school club & teaching at the MGA college in Edinburgh.

Paddleboarding

- 4.00pm - 7.00pm
- Silver Sands Beach
- Tickets: £15.00 (8 spaces available for each session)
- 3 sessions:
 - o 4.00pm – 5.00pm Family session for 1 Adult with at least one child (min. age 8 years)
 - o 5.00pm – 6.00pm Family session for 1 Adult with at least one child (min. age 8 years)
 - o 6.00pm – 7.00pm Adult only session
- Each session has 8 spaces, children must attend with an Adult. Activity consent form needs to be completed before the session.



Come and try one of the world's fastest growing water sports. Stand up paddle boarding gives you a new perspective on the outdoors while being active in the fresh air and is suitable for all ages and abilities.

The first 2 sessions are for families where you can learn something new with your child/ren and have fun! The last session is for adults only, it's the perfect way to unwind after work.

This paddle board lesson is hosted by a qualified instructor from Paddleboard Fife. They will get you standing up and paddling in no time on Silver Sands Beach. Paddleboard Fife will supply the boards, paddles and buoyancy aid. Bring a towel and wetsuit if you own one.

Please ARRIVE 15 MINUTES BEFORE THE SESSION STARTS.

Family Games Night

- 7.30pm - 9.30pm
- The Institute, Shore Road
- £5.00 at the door
- All Ages

Come down to the Institute for a fun-filled family games night, hosted by our one and only **Colin Mckinlay**! Come as a family or team up with friends (teams of between four and eight members) and take part in a series of 'Make it, Mould it, and Create it' rounds, culminating in a nail-biting challenge. Will it be 'Putt it to Pluto' or 'Volley it to Venus!'

Following our 'Year of Stories' theme...

Can you... build a bridge fit for a goat from recycled materials, mould your favourite book character in sugar paste, and create a bouquet of beautiful red roses for Rose Red.

Points will be awarded for each round and the happy winning team will walk away with the Family Games Night Trophy 2022!

Gardeners Question Time

- 7.30pm - 9.00pm
- Church Hall

Classic Nia

- 8.00pm - 9.00pm
- Studio 72
- Tickets: £10.00 (12 places)

Dancing barefoot to uplifting music from around the world. Nia is a blend of martial arts, dance and healing, boosting fitness, confidence and energy. Suitable for all abilities. Wear loose clothing and bring a yoga mat if you have one. Bookings via <https://bookwhen.com/island-moves>

Tuesday 2 August

Flower Festival

- 10.00am - 6.00pm
- St Fillan's Church
- FREE

Clydebuilt Puppet Show present 'The Three Bears'

- 10.30am - 11.15am
- Church Hall
- Tickets: £5.00
- Age 3+
- Children aged 8 and over can be left unaccompanied. Consent form required.



The metal world of Goldilicks meets the lovely natural wooden world of three BEARS – the result, a very sticky adventure all round. The cook Steve, bakes in the kitchen and finds time to tell a wonderful warm story using kitchen implements in a very intriguing and unusual way.

Firmly established, CLYDEBUILT is a leading Scottish Puppet Theatre Company. Clydebuilt is a partnership between Steve Smart and Leigh McCalister who formed the Company in 1987. The company tour throughout the UK and Europe. Clydebuilt have also toured to the Middle East, and visited China in 2008/2009 and 2010.

Puppet Making Workshop

- 11.45am - 1.15pm
- Church Hall
- Tickets £4.00
- All Ages
- £8.00 for joint ticket with The Three Bears Puppet Show

After being inspired by the wonderful puppets you have seen in 'The Three Bears' show, now it's your turn to get creative! With the expertise and inspiration of the stars of Clydebuilt theatre company, you will be able to make puppets of your own. The theme will be based around the sea. Suitable for all the family!

Nia Moving to Heal

- 11.00am - 12noon
- Silver Sands Playing Field
- Tickets: £5.00 (17 places)

Nia Moving to Heal is designed for those who need a slower approach to practicing Nia so whether you are recovering from an injury or living with a chronic condition, or simply like to just go at a slower pace – this class is for you. Bookings via <https://bookwhen.com/island-moves>

Nerf Wars

- 1.00pm - 2.00pm - Age 9+ (children can be left unaccompanied, consent form required) – 40 spaces available
- 2.00pm - 3.00pm - Age 4 - 6 (children must be accompanied) – 26 spaces available
- 3.00pm - 4.00pm - Age 6 -9 (children aged 8 and over can be left unaccompanied, consent form required) – 26 spaces available
- Silver Sands Playing Fields
- Tickets: £6.00

Come and be part of the biggest battle ever! Our Nerf battle Session is sure to be a hit!! With obstacles, plenty of guns and LOADS of darts, it is a battle you want to be a part of!

Try Bowling Taster

Join us at Club night and try your hand at bowls. We have qualified coaches to support you and a licensed bar will be available. Bowls will be provided and we can also provide bowling shoes.

Aberdour, a Historical Journey of Discovery

- 7.30pm - 10.00pm
- The Institute, Shore Road
- Tickets: £5.00

Join **Arthur Lloyd** for 'Aberdour, a Historical Journey of Discovery' - a talk that expands and adds material from his third book, to give Aberdour residents, of all ages, an insight into the development of the village over the last 250 years, including a number of fascinating documents, maps, illustrations and photographs. If you have been to one of Arthur's talks before, you will know that you are in for an entertaining evening!

Wednesday 3 August

Lochore Meadows Activity Day

- 9.30am – 3.00pm
- Lochore Meadows Outdoor Education Centre
- Lochgelly
- Fife KY5 8BA

- Tickets: £25.00 (20 spaces available)
- Age 9 - 18
- Remember your swimming gear and a towel. Also a packed lunch and a water bottle! Participants can be left unaccompanied. Consent form required.

You will have the chance to try out land and water based activities at Lochore Meadows! Activities may include kayaking, canoeing, mountain biking, climbing, archery, island adventure and jetty jumping.

The instructor will make the best decision for the group on the day, based on factors such as the weather! Remember to dress for the weather, bring your swim gear and a towel and don't forget your lunch!

Soccer School

- 10.00am - 11.0am
- 4.00pm - 5.00pm
- Aberdour Primary Playing Fields
- FREE
- Age nursery to P7

Aberdour Kids Football (AKF) will be running two FREE hour long sessions of their Soccer School for all Primary ages. Come along and join in some fun footballing activities.

Flower Festival

- 10.00am - 5.00pm
- St Fillan's Church
- FREE

Classic Nia

- 10.30am - 11.30am
- Silver Sands Playing Field
- Tickets: £5.00 (17 places)

Dancing to uplifting music from around the world. Nia is a blend of martial arts, dance and healing boosting fitness, confidence and energy. Suitable for all abilities. Wear loose clothing and bring a yoga mat if you have one. Bookings via <https://bookwhen.com/island-moves>

Flo and Flip

- 1.15pm – 2.00pm
- 2:15pm - 3:00pm
- Aberdour Boat Club
- Tickets: £2.00 (15 spaces available)
- Under 7s
- Children must be accompanied by an adult

Rosie Johnson is a local children's author who has a background in Early Years Education . Rosie feels passionate about environmental issues which had had a great influence on her writing.

Come and join Rosie as she reads her story about Flo & Flip (The Inchcolm Seals) whilst looking out over their River Forth Home.

Lego Trains

- 1.30pm – 4.00pm
- Church Hall
- FREE

Come along and drive a LEGO train at this very large LEGO train layout. Bring along a LEGO model you have designed and built yourself at home, this year the theme is 'My favourite book' - there will be prizes for the best and for all entrants.

There will also be LEGO for you to build with and you can take part in building a large LEGO mosaic.

Once again donations are welcome for Mary's Meals.

Children and Family Silent Disco

- 5.30pm - 7.00pm
- The Institute, Shore Road
- Tickets: £4.00
- Children and families
- Children aged 8 and under to be accompanied by an adult
- Adults (18+ years) must be accompanied by a child!

Calling all kids and families! Come down to The Institute, grab your headphones and sing and dance to all your favourite pop and dance-along classics!

Film and Fizz

- Doors Open at 7.00pm
- Film starts at 7.30pm
- Studio 72
- Free, donations welcome in aid of Aberdour Refugee Resettlement and Support

You are invited to join us for a relaxed and enjoyable screening of the 2020 film *Limbo*, complete with a glass of prosecco on arrival. Doors open 7.00pm and the film starts at 7.30pm. *Limbo* (certificate PG) is a 2020 comedy-drama following the story of four asylum seekers staying on a remote Scottish island. It was named as an Official Selection of the 2020 Cannes Film Festival and has won several awards and a wide range of nominations, including being nominated for Outstanding British Film at the British Academy Film Awards. Donations will be taken on the night and all funds raised will go to Aberdour Refugee Resettlement and Support (www.facebook.com/arras.aberdour).

Silent Disco

- 7.30pm - 11.00pm
- The Institute, Shore Road
- Tickets: £8.00
- Age 18+

Dance to your heart's content to great sounds which you will listen to on wireless headphones. There will be different streams of music. See if you can guess who is dancing to the same thing! Guaranteed to make your sides split as you bust your best moves.

Thursday 4 August

Pirates!

- 10.00am - 11.00am
- 11.30am - 12:30pm
- Church Hall
- Tickets: £6.00 (20 spaces available per session)
- Age 4 – 10
- Two Sessions
- Children aged 8 and under to be accompanied by an adult



Chatterbox Stories presents **PIRATES!**

Step aboard pirate ship, 'The Jolly Dodger' and meet its motley crew for an action packed hour of swashbuckling stories and ghastly tales!

Dress up as a pirate or come as you are and join in the adventure.....if you dare!

Ship sailings at 10.00am and 11.30am boarding by ticket only. Suitable for Apprentice Pirates aged 4-10 years.

Try Water Skiing

- 10.00am - 3:00pm
- Five sessions starting at 10.00am; 11.00am; 12 noon; 1.00pm; 2.00pm
- Town Loch, Townhill Country Park, outside Dunfermline
- Tickets: £25.00 (4 spaces available per session)
- Age 10+
- Must be able to swim.
- Consent forms required (Aberdour Festival form, and Waterski & Wakeboard Scotland form)

Come and try water skiing and feel the thrill of being out on the water with fully qualified coaches. Start with learning the basics on dry land, move on to the water, with a hot shower to finish! All equipment supplied, including wetsuits and flotation vests, but bring a swimsuit and towel.

Make your own way to and from Waterski & Wakeboard Scotland, Town Loch, Townhill Country Park, Dunfermline, KY12 0HT

Jo Jingles

- 10.15am - 11.00am Walking - 5 years
- 11.30am - 12.15pm 3 months - Walking
- The Institute, Shore Road
- Tickets: £5.00 (40 spaces available per session)

Jo Jingles (www.jojingles.com/fife) are the UK's leading provider of music, singing and movement classes for babies, toddlers and pre-school children. The sessions are interactive, educational and fun! They include a mixture of traditional and modern songs, dancing, percussion instruments and props too. Come along and meet Jo Jingles and have lots of musical fun!

GROOVE

- 11.00am - 12noon
- Silver Sands Playing Field
- Tickets: £5.00 (17 places)

Groove – the ultimate DANCE experience for the mind, body, heart and soul. Come join Karen and Sarah and have fun, with very simple choreography and great music. Bookings via <https://bookwhen.com/island-moves>

Flower Festival

- 11.00am - 4.00pm
- St Columba's Church
- FREE

As the Flower Festival changes location, come along and see the new display at St. Columba's.

Sublime Science

- 1.30pm - 3.00pm
- The Institute, Shore Road
- Tickets: £8.00 (15 spaces available)
- Age 6 - 10



Do you enjoy science? Would you like to carry out your own experiments and make Yummy Sweets and Goey Slime? Head down to The Institute, newly transformed into a Sublime Science Lab, and have fun racing rockets. creating snow and much more with our science expert, **Paul Murray!**

Wild Planet Explorers

- 2.00pm - 3.30pm
- Church Hall
- Tickets: £5.00 (20 spaces available)
- Age 9+
- Children must be accompanied by an adult.

Help tackle the issue of sewage related plastic items ending up in our rivers and seas by completing Wild Planet Explorer's 3P Pledge Champion Award with Jo from Wild Planet Explorers. This includes an interactive presentation about the story of marine litter, making a pledge, helping to raise awareness, and a short litter pick afterwards nearby. Certificate awarded at the end if litter pick completed on the day (all equipment provided). The litter pick can be completed at home and evidence shared via email to Jo also if you cannot attend the litter pick. Please let us know when booking if you will join the litter pick. 2.00pm to 3.30pm including 30 minute litter pick, Carer/parent requested to attend with children.

Butterflies in your Garden

- 5.30pm - 6.30pm
- Church Hall
- £5.00 at the door includes a glass of wine on arrival

Butterflies make the world a little more colourful, with their vivid wings and fluttering flight paths. However, butterflies do more than just paint a pretty picture. They help flowers pollinate, eat plenty of weedy plants and provide a food source for other animals. Their presence or absence can tell us a lot about the local environment.

Lesley Gordon will be talking about the butterflies found around the Forth, the monitoring of butterflies around Aberdour and how to improve our gardens to attract pollinators including bees and butterflies. She hopes to make it interactive!

Easter v Wester Kid's Cricket Match

- 5.30pm - 7.00pm
- Aberdour Primary School Playing Field
- FREE (just turn up)
- Age 7-14
- Consent form required

Let the fun and game begin! Aberdour's second Easter v Wester Kid's Cricket Match! Everyone will get a chance to bat to score runs for their team. Take a catch to earn bonus runs for your team. Which side of the village will win? Adults watch and learn – you're up next!

Cricket BBQ and Bar

- 6:00pm - 10:00pm
- Aberdour Primary School Playing Field

No need to cook tea tonight! The Festival catering team will be on hand selling delicious BBQ food for cricketing kids, adults and spectators throughout the evening. There will also be a bar. Bring your camping chairs and blankets, sit back, relax and enjoy Aberdour's cricket extravaganza - even better than being at Lords!

Easter v Wester Adult's Cricket Match

- From 7:00pm
- Aberdour Primary School

The traditional Easter v Wester Village Cricket Match. A 20:20 game with some modified rules. Played with a soft ball, all equipment provided. Just turn up on the night. Spectators encouraged – come and cheer on your side of the village! Cricketing kids can stay on and support too!

Friday 5 August

Sunrise Yoga at the Beach

- 10.00am - 11.00am
- Silver Sands Beach
- £5.00 (Exact change please)
- Pay at the beach

All are welcome to join Peggy at 10.00am for a morning of relaxing, moving and stretching by the calming waves. Bring your own mat or borrow one on a first come first serve basis. Weather dependant, so check: <https://www.facebook.com/yoga.reiki.peggy/> for updates.

Wild Planet Explorers

- 9.30am - 10.30am
- 11.00am - 12.00pm
- Church Hall
- Tickets: £4.00 (20 spaces available)
- Age 3 - 9
- Children must be accompanied by an adult.

Join Jo from Wild Planet Explorers for a fun, interactive educational session about the life stories of frogs and toads and how to help them. Using interactive props and imaginative play to deliver animal biology and conservation facts. 40 minutes. Carer/parents requested to attend with their children.

Graffiti Workshop

Sponsored by Forth Decorating

- 10.00am – 12.30pm
- Studio 72
- Tickets: £12.00 (10 spaces)
- Age 12 - 17
- Consent form required.

Fancy producing your own Banksy-style selfie? **Garry Downie** will talk you through creating a stencil and then spray-painting your own canvas to take home. Simply e-mail a photograph of yourself in advance for Garry to adapt and print, ready for you to get creative with (details will be given on booking). Please come dressed in old clothes and bring a drink and a snack. Booking essential (Please provide an e-mail address upon booking for photograph advice and exchange).

John Henderson's Backwoods Adventure

Sponsored by The Bergeracs.

- 10.30am – 3.00pm
- Meet at The Purple Shop to go to Humble Woods
- Tickets: £4.00 (60 spaces available)
- Age 8 - 12
- Children can be left unaccompanied. Consent form required.

Dare to take on the Backwoods Adventure! Robert, Charlotte and the gang are back to make sure everyone has fun. Challenge yourself in a woodland environment. Wear old clothes and shoes so that you can scramble about in the woods. Sizzling sausages provided (Vegetarian option too!) but please bring a drink. Please note – in case of allergies, this is a nut-free zone! If there are any parents/carers who want to accompany their children and assist with the Backwoods Adventure, please contact Robert or Charlotte on 01383 860846.

Classic Nia

- 11.00am - 12noon
- Silver Sands Playing Field
- Tickets: £5.00 (17 places)

Dancing to uplifting music from around the world. Nia is a blend of martial arts, dance and healing boosting fitness, confidence and energy. Suitable for all abilities. Wear loose clothing and bring a yoga mat if you have one. Bookings via <https://bookwhen.com/island-moves>

Flower Festival

- 11.00am – 4.00pm
- St Columba's Church
- FREE

Shinty Taster Sessions

- 5.00pm - 6.30pm
- Silversands Shinty pitch
- FREE
- Age 4 – 12
- All abilities welcome

Aberdour Shinty Club will be hosting a Taster for children age 4 to 12. Come along and try Scotland's National Game. A fun, fast, skillful game with roots dating back thousands of years.

You will learn some basic skills, play games and there will even be some Gaelic language thrown in too. Please wear sports clothing and trainers, bring a water bottle and plenty enthusiasm. The club will supply everything else you need. (Bring your own football boots and shin guards only if you have them)

Festival Quiz Night

- 7.30pm – 11.00pm
- The Institute, Shore Road
- Tickets: £5.00

In association with Aberdour Kids Football (AKF) we are pleased to be able to hold the annual intra-village Quiz Night as part of this year's Festival. We are looking for teams of up to 4 people to compete for this year's title. Once again, our regular compere **Colin Mckinlay** will keep everyone right and make sure the evening is a huge success. To register your teams please email chair@aberdourfestival.org

Saturday 6 August

Sunrise Yoga at the Beach

- 10.00am - 11.00am
- Silver Sands Beach
- £5.00 (Exact change please)
- Pay at the beach

All are welcome to join Peggy at 10.00am for a morning of relaxing, moving and stretching by the calming waves. Bring your own mat or borrow one on a first come first serve basis. Weather dependant, so check: <https://www.facebook.com/yoga.reiki.peggy/> for updates.

Golf Taster Sessions

- 10.00am - 10.30am - Age 5-9
- 10.30am - 11.00am - Age 5-9
- 11.00am - 11.30am Age 10-14
- 11.30am - 12.00noon Age 10-14
- Aberdour Golf Club
- Tickets: £3.00 (8 spaces per session)
- Children over 8 years can attend without an adult with a Consent form.

Come and try Golf at this wonderful location. There will be lots of cool challenges and games played in these sessions to show that golf can be fun and exciting. You never know, this might be the start of a new sporting career.

Flower Festival

- 11.00am – 4.00pm
- St Columba's Church
- FREE

Gala Day: Village Sports

- 1.00pm - 4.00pm
- Aberdour Primary School
- FREE Entry
- All Ages

There will be races from 1.30pm for all age groups to suit all levels of fitness.

Trophies will be awarded to athletes for the more competitive races. Please note that these can only be awarded to Aberdour residents, pupils at Aberdour Primary School or Aberdour Fun Football players.

Family Ceilidh with Off-Centre Ceilidh Band

Sponsored by Jenny Colgan Books

- Doors open 7.00pm
- 7.30pm - 10.30pm
- Aberdour Primary School Playground and Field
- **FREE**
- All Ages Welcome
- Bring your own picnic and drinks and something to sit on!

Get down to Aberdour Primary School with your dancing shoes on!

The wonderfully exhilarating **Off Centre Ceilidh Band** (www.offcentreceilidh) are coming back by popular demand to give us traditional ceilidh music that will be sure to get you up and dancing! The evening suits all ages and abilities and a caller with the band will keep everyone right. Bring a picnic, plenty of drinks and something to sit on!

PLEASE NOTE: The Family Ceilidh will be held outdoors in the school playground and field. Should the weather be unfavourable, this event will be cancelled. Keep an eye on the Aberdour Festival Facebook page for last minute information!

Reece Hillis

- 9.00pm – late
- Foresters Arms
- Age 18+

Live Music



Sunday 7 August

Sunrise Yoga at the Beach

- 10.00am - 11.00am
- Silver Sands Beach
- £5.00 (Exact change please)
- Pay at the beach

All are welcome to join Peggy at 10.00am for a morning of relaxing, moving and stretching by the calming waves. Bring your own mat or borrow one on a first come first serve basis. Weather dependant, so check: <https://www.facebook.com/yoga.reiki.peggy/> for updates.

Flower Festival

- 11.00am – 4.00pm
- St Columba's Church
- FREE

Afternoon Tea & Cocktails

- 12.30pm - 3.30pm
- Room with a View
- Tickets: £15.00 includes afternoon tea created by Room with a View Chefs
- Age 18+

We will also be serving award winning Barbuoy Cocktails, mixed by the Sea. To book please contact Room with a View – 01383 860 402 – advising of any dietary requirements.

Open Gardens at the Forth

- 1:00pm - 5:00pm

Gardens by the Forth are delighted to be back with the Aberdour Festival. Easter Aberdour will be opening their garden gates on Sunday 7 August at 1.00pm to 5.00pm. Maps and information nearer the date and the charity is Macmillan Cancer research. There will be a plant sale. Anyone who would like to open their garden in Easter Aberdour just email eccameron@btinternet.com or phone 01383- 860609 Caroline Cameron

Festival Songs of Praise

- 7.00pm – 8.00pm
- St Columba's Church
- FREE
- Open to all

Come and raise the rafters at the Songs of Praise where favourite hymns are sung and local people share why they are significant to them.